

Programme

Understanding and managing the late effects of polio (aka Post-Polio Syndrome)

Hosted by the University of Otago, Wellington and Polio NZ

8:45am Registration, tea and coffee

9:30am

Mihi whakatau:

Toa Waaka | *Rautaki Hononga Māori, University of Otago*

Welcome

Opening address:

Mark Inglis ONZM | *Mountaineer, paralympic cyclist, and Founding Trustee of Limbs4All*

Session 1

Overview of the late effects of polio and rehabilitation

Chair: Anne Fitzpatrick | *Assistant Research Fellow, University of Otago, Wellington and board member, Polio NZ*

9:45am

Dr Gareth Parry | *Emeritus Professor of Neurology, University of Minnesota*

Forgotten and neglected: The late effects of polio

10am

Dr Vic du Plessis | *Neurologist and rehabilitation specialist*

Post-polio and rehabilitation

10:10am

Dr William Levack | *Associate Professor Rehabilitation, University of Otago, Wellington and President, Rehabilitation Association of NZ*

Current national and international perspectives on rehabilitation

10:20am

Polio survivors' stories

Q&A and discussion

10:40am

Morning tea

Session 2

Duncan Foundation needs assessment clinics, health pathways and GPs as first port of call

Chair: Brian Robinson | *President, Polio NZ*

11am

Gordon Jackman | *Chief Executive, Duncan Foundation*

Needs assessments and health pathways

11:10am

Dr Lynn McBain | *GP and Head of Primary Health Care and General Practice, University of Otago, Wellington*

Working with our GP; what to expect of our GP; how can we help our GP to help us?

11:15am

Q&A and discussion

Session 3

Post-polio and managing symptoms: Pain, fatigue, respiratory and sleep issues, and temperature sensitivity

Chair: Hemakumar Devan | *Postdoctoral Fellow, School of Physiotherapy, University of Otago*

11:30am

Panel discussion: **Dr Andrew Veale** | *Consultant, New Zealand Respiratory and Sleep Institute*

Dr Louise Lynch | *Clinical Lead in Pain Management, CCDHB*

Jo Hughes | *Clinical Services Advisor, Habit Rehabilitation*

Session 4

Post-polio and mental well-being, quality of life and self-care

Chair: Steve Griffiths | *Vice-President, Polio NZ*

12pm

Panel: **Debra Fraser** | *psychologist, Habit Rehabilitation*

Marlayna Zucchiatti | *counsellor and member of Polio NZ*

Mark Inglis ONZM | *mountaineer, Paralympic cyclist and Founding Trustee of Limbs4All*

Q&A and discussion

12:30pm

Premiere of documentary *Korero Polio – Phillip Rudolph's Story*

Introduction by Sir Taihakurei (Eddie) Durie | *Chair, New Zealand Māori Council*

1pm

Lunch

Session 5

Post-polio foot functioning and orthotics

Chair: Gordon Jackman | *Chief Executive, Duncan Foundation*

1:45pm

Panel: **Caleb van Buskirk** | *orthotist, QE Health*
Jason Lubransky | *Kelburn Podiatry*

Q&A and discussion

2:10pm

Dr William Levack and Anne Fitzpatrick | *University Of Otago, Wellington*
Interim results of University of Otago orthotics research

2:20pm

Mark Inglis ONZM | *Mountaineer, paralympic cyclist and Founding Trustee of Limbs4All*
Orthotics for polio survivors in Cambodia, Nepal and the Philippines

Session 6

Post-polio medications: Interactions and intolerances

2:30pm

Dr Christina Cameron | *Specialist GP, CCDHB and Senior Lecturer, Department of Medicine, University of Otago, Wellington*
Post-polio medications: Interactions and intolerances

Session 7

Open forum

2:40pm

Chair: Associate Professor William Levack

Q&A and discussion

3:15pm

Afternoon tea

Session 8

Raising awareness: Link with vaccine and telling our stories

Chair: Mee Moi Edgar | *board member, Polio NZ*

3:30pm

Professor Michael Baker | *Department of Public Health, University of Otago*
Solving polio as a public health issue in New Zealand

Dr Helen Petousis-Harris | *Director, Vaccine Datalink and Research Group, University of Auckland*
The present situation in New Zealand regarding vaccinations

Darren Quirk | *Marketing Team Lead, Health Promotion Agency*
Using social media

Michael Fagg | *District co-ordinator for the Rotary "Next Stop Polio Eradication" campaign*
"Ride the Train"

3:50pm

Q&A and discussion on how to reach young parents with our stories

Session 9

Where to from here?

4pm

Chair: Anne Fitzpatrick | *Assistant Research Fellow, University of Otago and board member, Polio NZ*

4:30pm

Close